

Swimmer Profile	
Name: Joshua Gilbert	Age: 14
Club: Stratford	Coach: Aimee Woodhead
About	
Greatest achievement in swimming: Breaking 6 NZ Age group records and medalling overseas.	
Major goals for the next 2 years: Keep improving my times so I can make the junior Pan Pack and more NZ teams.	
What is your pre-race ritual? I visualise the race in my head.	
If you could only eat one thing for the rest of your life what would it be? Home made pizza.	
Who or what inspires you and why? Michael Phelps and Michael Jordan because they've both changed the sports they were in.	
School/University/subjects/company/position? Stratford High School, year 10.	